



# Coffee Camp Public School

## Bulletin

Term 3 Week 8

Wednesday 12<sup>th</sup> September 2018

Principal: Jane Varcoe

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«Name»

### Reminders for this week

- Buy some soccer team raffle tickets
- Return Race Day note
- Return Channon Teams Day note by Friday 14/9
- Return Resilience workshop permission - Year 2/3/4 girls
- Pay outstanding accounts
- Look for circus costumes



### Diary Dates

Fri 14/9	Regional Athletics in Lismore
Thurs 20/9	12noon Lismore Race Day half day holiday
Fri 21/9	The Channon Teams Day
<b>Tues 25/9</b>	<b>6.30pm School Play Night NEW DATE</b>
Thurs 27/9	Soccer finals in Sydney
Fri 28/9	Last day of Term 3
Mon 15 Oct	First day of Term 4 for all students and staff

### School Concert Circus News

## IMPORTANT DATE CHANGE

Now TUESDAY 25<sup>th</sup> September due to the soccer finals in Sydney on Thursday 27<sup>th</sup> September at 6.30pm



**Costumes for ALL students** Could all students please wear black clothes - black tshirt/skivvy and black shorts/trousers. They will add colourful extra items on the night.

**Help please** We are looking for some costumes and props for our circus performance. We need a horse costume, dog costume, and some clown and acrobat costumes. If you have any items which may be suitable, please put your name on and send them to school.

**Dinner before the show** The P&C will be serving curry & rice (small plate \$5/large plate \$10/family rate \$25) between 5.30 and 6.15pm. For supper there will be real coffee or chai & cake for \$5. Donations of cakes would be appreciated.

**Volunteers needed** to help serve the food and clean the kitchen. Many hands make light work.

### Awards

Awards and medals are presented at our assemblies and parents/carers are welcome to attend.

#### Week 6 Awards

My apologies to three students who got awards in Week 6 but were not mentioned in last week's bulletin. I must have been interrupted half way through typing up the awards...

6 – **B Zora** – for outstanding leadership in all areas

6 – **Benji** – for excellent work in literacy project

6 – **Carlos** – for excellent work in literacy project

#### Week 7 Awards

1 – **Rylan** – for trying to be a good listener in class

1 – **Sarafine** – for sharing wonderful stories with the class

2 – **Micah** – for finishing his work

4 – **Luano** – for making a mature choice

6 – **Zara** – for excellent commitment to school work

6 – **Cooper** – for a wonderful attitude to all subjects at school

6 – **Nat** – for consistent effort in all subjects

**Our next school assembly will be held in Term 4 and will be hosted by the 5/6 class.**

**K/1 students running the assembly.**



**Congratulations to all these students!**



## Tuckshop News

### Tuckshop Roster Coordinator

Thank you to Amanda A who is taking on the role of Tuckshop Coordinator.



Thank you to everyone who has helped in tuckshop this term. If you would like to find out more about helping out with tuckshop or cooking a lunch menu in Term 4, please contact Magali by texting 0411 079 440 who will reply when she has reception. New volunteers are rostered on with experienced volunteers.

### Tuckshop - Friday 14<sup>th</sup> September 2018

**Paper Bag Orders - Pies \$4**  
**Steak, Chicken or Spinach & Cheese**



Full Day	9:30-11:30	Fruit
Chris O	Amanda A	Amanda A Chris O

#### Recess - Bring money in a purse for these items

Toast plain - 30c	Raisin Toast - 50c	½ cup of milk - 30c
Cheese slices - 30c	Fruit Smoothies - 50c	Fruit Salad - 50c

#### Lunch - Bring money in a purse for these items

Fruit juice in a cup 50c	Smooze ice block 80c	Fruit Icy Pole 50c
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## No Waste Lunch Day on Wednesdays



We encourage the children to pack their lunch using products that can be reused or recycled or composted.

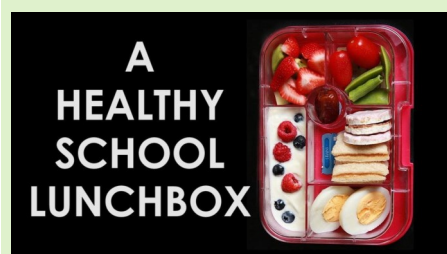
We have compost bins at school to take care of food scraps and paper lunch wraps.

We'd like to make every Wednesday a no waste and healthy lunch day. Of course it would be great to have no waste every day. Healthy food is important for healthy bodies and it allows students to succeed at learning and it is good for the environment (no packaging).

You can pack a healthy no waste lunch by putting fruit and vegetable snacks in plastic or metal re-useable containers and wrapping sandwiches in paper not plastic.

We'll be doing lunch audits on Wednesday and the class with the greatest percentage of no waste lunches will be rewarded with a healthy treat.

Let's aim to have every Wednesday a **No Waste Lunch** day.



**A  
HEALTHY  
SCHOOL  
LUNCHBOX**

*If you have lunch box tips you would like to share with other parents please email the school to include them in the bulletin.*

## The Channon Teams Day - Friday 21<sup>st</sup> September

The whole school will participate in a fun day of sports at The Channon on Friday 21<sup>st</sup> September. The infants will play Danish Rounders and the older students soccer or T-ball.

It is a very social day and we encourage families to join us for a picnic lunch which can be brought from home or bought at the canteen.

Teachers will be supervising games on the field so it is great if we can have a parent helper with each team to help them read the timetable and get to their games on time.

**Please let us know if you can be a parent helper.**

There will be a small bus for those children who cannot travel by car. **Seats are limited so return your permission note early.**

### Where to Meet

Please meet Mr Crane at 9.30am on the south-western side of the oval, near the old toilet block. He will set up a sun shelter and the school banner.

### Things to know:

**The playground area is out-of-bounds.**

**NO soccer boots permitted.**

St John's Ambulance will be providing first aid.

Please park in allotted parking area.

### What to Pack:

- Wear full school uniform
- Wear enclosed shoes (no soccer boots)
- Bring a hat + sunscreen
- Bring a water bottle

Bring lunch or money for the canteen  
*If you have any questions or concerns please contact the school.*

## Hot foods at school

An increasing number of children have been bringing noodles to school and asking staff to heat them up for lunch.

At this week's staff meeting a number of issues of concern were raised.

The primary issue is a safety one as the noodles require heating with boiling water. Of course students are not allowed to use boiling water at school which leaves the staff juggling bowls under the hydroboil with the potential for a burns accident.

Another factor is time. If one child wants lunch heated that takes just 5 minutes but if 10 children want lunch heated that takes the whole lunch break. Teachers often have to do playground duty and therefore have only 20 minutes to eat their own lunch and prepare for their next lessons.

We'd also like to become a waste free school with children bringing nude foods to school.

We are aware that packing lunches can be hard for parents negotiating with children about what they will eat at school. There are lots of websites and books with ideas for happy healthy lunch boxes.

**Ask your children to look at these websites.**

<https://www.healthykids.nsw.gov.au/parents-carers/healthy-eating-and-drinking/lunch-box-ideas.aspx>

<https://healthy-kids.com.au/10-great-lunch-box-ideas/>

## Soccer News

Our Small School Soccer team of Carlos, Kallen, B Zora, Tessa, Cienna, Zara, Kalila, Benji, Liam, Cooper, Tobin, Orlando, Shivam and Hunter is very excited about flying to Sydney to play in the semi-finals and hopefully the finals of the NSW PSSA Soccer Knockout Competition.

They are flying to Sydney on Wednesday and staying at the accommodation at Valentine Sports Park which is the home of Football NSW. They will play 2 games on Thursday and then fly home.

Thank you to the P&C who are donating \$50 per student to cover the cost of the accommodation. The children are running a raffle to raise funds to help with the costs of the airfares, airport transfers and food. All the soccer team members have raffle tickets to sell so you can buy one directly from them or from the school office. Raffle Draw: Tuesday 25th Sept at the Concert.



## SS Soccer Knockout!

Congratulations to our wonderful year 5 & 6 boys & girls who have reached the state finals. FANTASTIC.

To help out with the cost of the Sydney trip, we are running a raffle. Some great prizes (a more being organised). Tickets \$2 each or 3 for \$5. Available in the office & also available on the play night.

Soccer Raffle!  
MAGNIFICENT PRIZES  
more details next week

Please support our team in getting to Sydney.

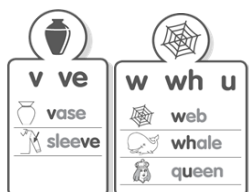
### Lots of Winners with Different Prizes to choose, including:

- \* hamper of delicious local produce
- \* Tupperware gift pack
- \* Otway Soaps pamper Pack
- \* 30 min massage or facial from the Green Bank
- \* 30 min tarot or energy work from the Green Bank
- \* Greenbank gift pack
- \* More prizes still to be arranged

Raffle Draw: Tuesday 25<sup>th</sup> Sept at the School Concert.

## Sound Waves News

Unit 26 - Week 8



Sound Waves can be done at home too. Passwords are:

- K - dish065
- 1 - night088
- 2 - beach808
- 3 - then822
- 4 - slid071
- 5 - zero664
- 6 - torn398

## Lismore Races Half Day Public Holiday Thursday 20<sup>th</sup> September

There is a gazetted half day public holiday in Lismore on 20<sup>th</sup> September (next Thursday). This will impact on all schools in the Lismore area, including Coffee Camp Public School.

Coffee Camp Public School will have minimal supervision and no scheduled classes after 12noon.

Please return the note to let us know how your child will be picked up from school on Thursday 20<sup>th</sup> September.

Should you have any questions, please do not hesitate to contact the school on 6689 9259.

## 2/3/4 News

### Resilience Program - Mijung Jarjums/Kids in Mind Program

Girls in the 2/3/4 class are being offered a 5 week resilience building workshop at school next term.

This free program is being provided by Social Futures and will run on Monday afternoons during Weeks 2-6 of Term 4.

Please complete the permission note and return it to school.

If you have any questions about this program please contact the school.

### Todd Woodbridge Tennis Cup

We finally got to play some tennis this week! Thank you to Heike and Magali for transporting our enthusiastic team to Lismore.

Although they didn't win the players gained wonderful experience playing on the Lismore Tennis Courts.



## Good Luck at Regional Athletics

Best of luck to Zara, Cooper, Benji, Christian and Hunter for the regional Athletics this Friday.

**Remember your Coffee Camp shirt for the PP5 relay!**

## Rivers College Richmond River High Enrichment Classes

Students attending Year 7 at Richmond River in 2019 who may be interested in the Enrichment Class have been given information and an application form.

Staff from Richmond River will visit Coffee Camp next week to talk with the students about this program. If you have questions, please contact the school.



Thursday 13<sup>th</sup> September

1. Ask



2. Listen



3. Encourage  
action



4. Check in

Would you like some tips on when or how to ask?  
Visit the RU OK website

<https://www.ruok.org.au/how-to-ask#preparingtoask>

Got a niggling feeling that someone you know or care about isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it.

**IMPORTANT - AGM and presentation now**  
on **SUNDAY 16<sup>th</sup> September.**

**NIMBIN HEADERS**  
SPORTS CLUB INC.  
ESTABLISHED. 1985

**AGM & JUNIOR PRESENTATION**

**THE NIMBIN HEADERS SPORTS CLUB WILL HOST ITS AGM AND JUNIOR PRESENTATION SUNDAY 16<sup>TH</sup> OF SEPTEMBER AT 10:00 AM**

FOOTBALL FAMILY FRIENDLY FEAST: BRING A PLATE TO SHARE  
ELECTION OF NEW COMMITTEE MEMBERS  
JUNIOR PRESENTATION  
SOCCER GAMES  
BBQ

**SUNDAY 16<sup>TH</sup> SEPTEMBER**  
40 CECIL STREET NIMBIN

COME AND SUPPORT THE **MIGHTY HEADERS !!**

LIKE IT ON FACEBOOK:  
NIMBIN HEADERS SPORTS CLUB INC

Will you be entering some farm produce, art, craft or baking in the Nimbin Show this year?

Visit the website:

[www.nimbinshowsociety.org.au](http://www.nimbinshowsociety.org.au)

to see the full program of activities and the list of pavilion exhibits.

**Overdue Library Books**



If you have a library notice attached to your newsletter, please look at home for the missing books.

If you cannot find the books please contact the school to let us know that you have looked.

**New School Website**

We have a new look school website with a new address. You will find it at [www.coffeecamp-p.schools.nsw.gov.au/](http://www.coffeecamp-p.schools.nsw.gov.au/)

Some parts are still under construction so please be patient as we update the content.

Payments can still be made via the **Make a payment** tab.

**98<sup>th</sup> ANNIVERSARY of the Nimbin Annual Country Show**

Drawing by Frewoini Baume

Musical Interludes.  
Reptile Awareness Displays of Australia.  
Alpaca Display Saturday.  
Champion Dog Show Saturday.  
Lismore City Council Exhibition.

**Saturday 22nd & Sunday 23rd September, 2018**

Showground 0400 925 764  
President 0427 045 978  
[www.nimbinshowsociety.org.au](http://www.nimbinshowsociety.org.au)  
email: [nimbinshow2@y7mail.com](mailto:nimbinshow2@y7mail.com)

**ADMISSION**  
Adults - \$7 Children - \$2 Concession - \$5  
Family Day Pass \$15  
Camping 1 person \$10 per night

**ART COMPETITION**

to design  
**THE FRONT COVER FOR THE 2019 NIMBIN SHOW SCHEDULE**

**PRIZE \$50 VOUCHER**

Open to all residents of the NIMBIN area  
Entries to be in black and white -ink  
Hand drawn not computer generated  
Size to be 210mm x 297mm A4 size  
Entries will be reduced to 148mm x 210mm

Entries must incorporate the words:  
**NIMBIN ANNUAL COUNTRY SHOW 2019**

Entries to be delivered to the Pavilion between 7.30am and 10.30am on

**Friday 21st September 2018**

The winning entry and all other entries will be displayed in the Pavilion during the 2018 show

[www.nimbinshowsociety.org.au](http://www.nimbinshowsociety.org.au)

Visit our website for all show programs and events or contact us at

[nimbinshow2@y7mail.com](mailto:nimbinshow2@y7mail.com)