



Coffee Camp Public School

Bulletin Term 3 Week 3
Wednesday 29th July 2015

Principal: Steve Boyd
Phone: 6689 9259

«Name»

Reminders for this week

- **Year 4 - Return Byron Writers' Festival permission**
- Pay for Life Education
- **Return athletics permission and money by 5th Aug**
- Return school photo envelopes
- Return overdue library books
- Pay school contribution \$25 per child
- Request bulletin via email

Tuckshop in Term 3

Thank you to everyone who has returned their note. The roster is nearly full. We are just looking for someone to help for a full day on the 11th September.

Morning-only helpers would also be appreciated on 14/8, 21/8, 28/8, and 11/9.

Please contact Linda 0416 110 438 ASAP so that we can publish the Term 3 roster next week.

Can you cook a meal? **Please contact Susie 6689 9338 to talk about menu options for Term 3.**

Tuckshop – Special Menu this week!

This week there will be a special fundraising lunch for the Opera House Choir students. Wendy L is organising this with the help of Danielle M.

At recess they will be selling pancakes. Lunch will be a sausage sizzle.

Funds raised will go towards the travel costs for our 6 Coffee Camp students – Amy, Alana, Khatia, Luka, Danika, Max - who will be performing in the Opera House choir in October.

Paper Bag Orders for Lunch this Friday (30/7)

Sausage on bread (includes onion)	\$2.00
Vegetarian sausage on bread (includes onion)	\$2.00

Bring money in a purse for these items:

Items to buy at Recess

Pancakes 20c Surprise items – various prices

Items to buy at Lunch

Yoghurt \$1.20 Fruit juice popper \$1.00

Smooze ice block 60c

Awards

No assembly last week due to the Athletics Carnival.

Education Week – Open Day

This week is Education Week. However as we have lots of activities happening at school at present we have delayed Open Day for a couple of weeks.

We will be having Open Day activities for families on **Wednesday 12th August between 11.30-1pm.**

11.30am - Open classrooms. Come and see your students at work in their classrooms.

12.15am – Assembly – public speaking speeches

12.45pm - School Band performance

1.00pm - Sausage sizzle lunch – paid by the school and cooked and served by the P&C. Please let Andrew know if you can help him with the cooking and serving.

*****Diary Dates*****

Tues 4/8 Writers' Festival – Years 5/6

Wed 12/8 School Photos

Wed 12/8 Open Day at School – 11.30-1.00pm

Fri 14/8 Zone Athletics – Riverview Park

Thurs 27/8 Performing Arts Festival

Fri 4/9 The Channon Teams Day

Thu 17/9 School play night – Years K-6

PSSA Terania District Athletics Carnival

Coffee Camp School triumphed yet again at the athletics carnival bringing home 5 trophies –

- Overall carnival trophy – highest points score
- Handicap trophy – total points divided by # of students
- Ball games – Juvenile + Junior + Senior

New records set by Coffee Camp students

Danika - 11 year shot put 8.27m (previous 8.09 in 1995)

Taimana - Junior high jump 1.19m (previous 1.18 in 2001)

Kai T - 6yr age race – 13.66sec (previous 13.76 in 2010)

Age champions

Kai D was 12/13 year Boys, **Arnhem** was 11 Year Boys and **Taimana** was Junior Boys Champions. Runner-up champions were **Georgia** - senior girls and **Cooper** - Junior Boys.

Other results included:

100m

1 st	Kai D, Taimana, Kai T, Mia
2 nd	Georgia, Arnhem, Charli,
3 rd	Ella, Shakira, Violet, Zara, Taya

200m

1 st	Georgia, Kai D, Arnhem, Cooper
2 nd	Taimana
3 rd	Ella, Danika

800m

1 st	Arnhem, Taimana
2 nd	Kai D, Danika, Charli, Benji
3 rd	Max

long jump

1 st	Kai D, Shakira, Arnhem, Taimana
2 nd	Danika, Violet
3 rd	Kali

discus

1 st	Taimana, Shakira
2 nd	Lydia
3 rd	Khatia

relays

1 st	senior girls, senior boys, junior boys
3 rd	junior girls

So once they are all engraved you'll see all the trophies back in the foyer. This is the 4th year that Coffee Camp has won the PSSA trifecta – swimming, cross country and athletics carnivals.

Zone Athletics – Friday 14th August in Lismore

Please tell us immediately if your child will not be going to the zone carnival so that the reserve can be notified.

PSSA Softball – Regional Team

We had 5 girls try out for the regional softball team. Amy, Ella, Finley, Georgia, and Shakira all performed well at the trials on Monday. Georgia and Shakira were very excited to be selected in the regional team which will play 3 days of games in Wagga Wagga at the end of August to determine the state winners of the competition.

P&C Meeting – Thanks for coming

Thanks to everyone who attended yesterday's P&C meeting. We had a good crowd who were interested to learn about the Rock and Water and Mindfulness programs which we have started at Coffee Camp. See more information overleaf. Parents enjoyed participating in some of the games.

Mural The P&C are happy to donate money to the school to paint another mural on the doors of the music room.

Working Bee As many parents find it difficult to attend working bees during the week we have scheduled a painting bee for **Saturday 22nd August starting at 1pm.**

If you can't get to P&C meetings but have ideas to share please contact Andrew on 6689 1514.

THE ROCK AND WATER COURSE OUTLINED

Lesson 1: Standing strong physically and mentally

Lesson 2: Introduction of the Rock- and Water attitude (in physical confrontation and verbal confrontation)

Lesson 3: Rock and Water in the schoolyard

Lesson 4: Rock and Water in relationships (what kind of friend am I? too rocky, too watery?)

Lesson 5: Breath strength to extend physical power and to keep in self-control

Lesson 6: Body language (tunnel attitude and beach attitude).

Lesson 7: Boundaries (to feel, set and respect own and other persons boundaries)

Lesson 8: Intuition (warns you of danger, warns you when you cross someone's boundaries, tells you what to do)

Lesson 1: All classes will have completed Lesson 1 by the end of this week. We hope the introduction of this program will help students at school, at home and in the wider community.

Lesson 1: Standing strong physically and mentally

Theme: *I can stand up for Myself* concentrates on controlled breathing and recognising that short, sharp & deep breathing is connected to our emotions. We are learning through exercises how to centre and ground ourselves and to be respectful to other people.

1. Breathe out, centre and ground
2. Make yourself bigger stand tall
3. Make eye contact.

During the activities we introduce the Rock & Water Bow. The right hand (rock) in a fist is held firmly on heart with our left hand (water) placed gently over the tight fist. We bow to our partner and students say, "I respect you".

Discussion questions: Where in my life would standing strong like that help me? When I feel upset, what are the key words I could use to get my centre back and feel grounded? How long does it take to find my centre?

Performing Arts Festival – 27th August

The School Band, the Opera House Choir and the Small Schools Choir will all be performing at the Lismore Performing Arts Festival which will be held at the Lismore Workers' Club on Thursday 27th August.

Tickets will be available from 10th August – details next week.

K/1/2/3 News

It's been a busy couple of weeks for the relieving principal and Desley would like to apologise for being off class on several occasions. Her principal release day is Wednesday and Jenny V teaches the class for that day. Her preferred casual is Jan Barbary who follows Desley's class program when she is required to be absent on other principal business. Desley will be absent again next Tuesday but hopes that things settle down to a more normal routine after that.

Writers' Festival Excursion Years 5/6 only

On Tuesday 4th August the students in Years 5/6 have been invited to join students from Nimbin Central and will be travelling by bus to Lismore City Hall to participate in the Byron Bay Writers' festival primary schools' program.

The children will hear from the very popular author Andy Griffiths and illustrator Terry Denton about how they write their wonderful treehouse and other stories.

The cost is \$7 for the session and \$5 for the bus but this is being subsidised by the school and parents need only pay \$8 per child.

STOP PRESS There are currently only 24 places available for this excursion. The 5/6 students have only filled 16 places.

That means that there are 8 places available to the first 8 Year 4 students who return their note and money.

If there are more permission notes than places students will be put on a waiting list and if a vacancy arises on Tuesday they will be able to go. If they don't attend their money will be refunded.

Nits and Lice Reported at CC

Please check your children's hair carefully and treat if necessary. Remember to do a follow up treatment to ensure that they are all removed.

School Photos

Our school photo day is Wednesday 12th August. All children will need to wear full school uniform on that day.

Photos envelopes were sent home last week. Please read the instructions carefully before deciding which pack you want to order. *Please note you can only order the **extras only** if you have already ordered a main pack.*

Only one child's name can be put on an envelope. But you may put money for all your children in one envelope. Please write on the envelope which children you are paying for.

You must enclose the correct money. The envelopes are not opened at school and we cannot provide change.

Family Photos If you would like a family photo of your children please contact the office for a family envelope.

If you have any questions please contact the office.

Book Fair

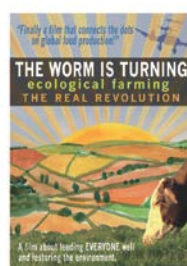
The books at the fair are provided by Scholastic and are similar to Book Club books. **There is no obligation for parents to buy books from the Book Fair.**

As well as the usual books we have asked for book packs with a value of less than \$10 so that we can have a range of affordable books.

At the end of the fair the school library can select books based on a percentage of the sales made. The children can make suggestions about new books for the library to get.

The book fair will be set up in the school library from Monday 10th - Wednesday 12th August. Books will be available for sale from 9-9.30am and from 3-3.30pm on Monday and Tuesday and at any time on Wednesday.

If you send children to school with money please tell them to come to book fair in the morning so that they don't have to look after their money all day.



SUNDAY 9 Aug 5.30pm

Special Event: Star Court Theatre
126 Molesworth St
LISMORE
Film + Q&A session and
canapés made from Lismore
Organic Market produce
Tickets \$18

Please book tickets early at starcourttheatre.com.au

Organised by TROPO
Any questions? 6689 9338, info@tropo.org.au